

Oregon Parent Child Interaction Therapy Programs 2023

Parent Child Interaction Therapy (PCIT) is a therapeutic intervention intended for children ages 2 through 6 years, and their parents. It is nationally recognized as one of the most effective treatments for young children experiencing significant social, emotional, or behavioral problems. 85% of Oregon families who participate in 4 or more PCIT therapy sessions demonstrate improvement in child behavior, positive communication and positive parenting skills. The average lengthen of treatment is 16 sessions, though PCIT is not time-limited.

In PCIT, caregivers are taught specific skills to establish or strengthen a nurturing and secure relationship with their child, while encouraging pro-social behavior and decreasing maladaptive behavior. Ideally, during coaching sessions, the therapist observes the interaction from behind a one-way mirror and provides guidance to the parent through a wireless communication system.

PCIT services may be reimbursed by Medicaid or Commercial Insurance.

Location(s)	Call for appointment	Agency
Albany -2730 Pacific Blvd. SE	(541) 967-3866	Linn Health Services, Willamette Health Center
Astoria - 2120 Exchange St. Suite 301 Also, at the Dept. of Human Services	(503) 325-5722	Clatsop Behavioral Healthcare
Beaverton 1500 NW Bethany Blvd. Suite 320	503-567-3260	Lifestance Health
Beaverton -14025 SW Farmington Rd, Ste 160	(503) 256-4381	Morrison Child and Family Services
Beaverton -8285 SW Nimbus Ave, Suite 148	(503) 352-3260	Options Counseling and Family Services
Bend -1375 NW Kingston	(541) 322-7500	Deschutes County Behavioral Health, KIDS Center -
Bend -2577 NE Courtney Dr.	(541) 322-7500	Deschutes County Behavioral Health
Canby 113 N. Elm Street	(503)263-8903	Neurotherapeutic Pediatrics
Coos Bay -281 LaClair St.	(541) 266-6700	Coos Health and Wellness
Elgin - 570 N. 8 th Ave.	(541) 962-8800	Center for Human Development
Eugene 1170 Pearl Street	(541) 743-4340	Oregon Community Programs
Eugene -1255 Pearl Street, Ste 102	(541) 687-6983	Options Counseling and Family Services
Eugene 1200 Hilyard St. Suite 420	(458) 205-7000	PeaceHealth Child and Family Behavioral Health Services
Florence - 1445 8th Street	(541) 997-6261	Options Counseling and Family Services
Gladstone - 18907 Portland Ave	(503) 645-9010 or 1-888-645-1666	Lifeworks NW
Grants Pass -1181 Ramsey Ave	(541) 476-2373	Options for Southern Oregon

Gresham- 912 NE Kelly Ave, Suite 200	503) 258-4600	Morrison Child and Family Services
Hillsboro- 1340 East Main Street	(503) 645-9010 or 1-888-645-1666	Lifeworks NW
Hood River- 1610 Woods Court	(541) 296-5452	Mid-Columbia Center for Living
Klamath Falls- 422 Main St.	541-851-3300	Place2Heal Counseling
La Grande- 2301 Cove Ave.	(541) 962-8800	Center for Human Development
Lakeview- 100 North D Street	C541) 947-6021 ext 3	Lake District Family Center
La Pine- 51633 Coach Rd.	(541) 322-7500	Deschutes County Behavioral Health, La Pine Community Campus
Lebanon- 1600 S. Main St.	(541) 451-5932	Linn Health Services
McMinnville- 420 NE 5th St.	(50) 434-7462	Yamhill Family and Youth Programs
Medford- 140 S. Holly St.	(541)774-8201	Jackson County Mental Health
Medford- 212 N Oakdale Ave.	541-779-5242	Family Nurturing Center (Relief Nursery)
Medford- 3156 State St.	(541) 476-2373	Options of Southern Oregon
Newburg- 2251 E. Hancock	(503) 434-7462	Yamhill Family and Youth Programs
Ontario- 702 Sunset Drive	(541) 889-9167	Lifeways
Oregon City - 998 Library Court	(503) 655-8401	Clackamas County Behavioral Health, Hilltop Clinic
Oregon City- 615 High Street	503-657-8903	Neurotherapeutic Pediatrics
Pendleton	(541) 215-1017	Pioneer Relief Nursery
Portland - 10373 NE Hancock St., Suite 200 (Just east of 102nd)	503-674-7777	Cascadia Behavioral Health, Woodland Park Center
Portland- 3036 NE Martin Luther King, Jr. Blvd., Portland, OR 97201	503-674-7777	Cascadia Behavioral Health, Garlington Health Center
Portland - 14600 NW Cornell Road	(503) 645-9010 or 1-888-645-1666	Lifeworks NW
Portland- 3655 NE Garfield	(503) 645-9010 or 1-888-645-1666	Lifeworks NW, Project Network (Adult recovery center)
Portland - 8425 N. Lombard Street	(503) 645-9010 or 1-888-645-1666	Lifeworks NW, St. John's Relief Nursery
Portland, 1500 NE Irving Suite 250	(503) 256-4381	Morrison Child and Family Services
Portland- Rockwood- 17214 SE Division Street	(503) 645-9010 or 1-888-645-1666	Lifeworks NW
Portland 10130 NE Skidmore	(503) 257-3878	Neurotherapeutic Pediatrics
Redmond- 1314 SW Kalama	(541) 322-7500	Deschutes County Behavioral Health, Lynch Elementary SBHC

Redmond - 406 W. Antler	(541) 322-7500	Deschutes County Behavioral Health, Redmond Clinic
Roseburg - 548 SE Jackson St.	(541) 440-3532	Compass Roseburg - Youth & Family
Roseburg - 300 Jerry's Drive	(541) 673-4354	Family Development Center (Relief Nursery)
Roseburg -283 SE Fowler Street, Suite 2	(541) 464-6455	Options Counseling and Family Services
Salem - 3737 Portland Rd. NE	(503) 390-2600	Catholic Community Services
Salem - 2421 Lancaster Drive NE.	(503) 588-5352	Marion County Child Behavioral Health
Salem -2645 Portland Road NE, Suite 120	(503) 390-5637	Options Counseling and Family Services
Salem (West) -1520 Plaza St., NW, Suite 150	(503) 585-3012	Polk County Behavioral Health
Sandy -38872 Proctor Blvd	(503) 722-6950	Clackamas County Behavioral Health, Sandy Clinic
Sisters - 1680 W. McKinney Butte Rd	(541) 322-7500	Deschutes County Behavioral Health, Sisters SBHC
Springfield -175 West B St., Bldg. D	(541)762-1971	Options Counseling and Family Services
St. Helens -58646 McNulty Way	(503) 397-5211	Columbia Community Mental Health
Stayton - 112 E. Burnett St.	(503) 509-5275	Crossing Bridges Counseling Center
Sweet Home	541-367-3888	Linn Health Services
The Dalles -207 West 3rd Street	(541) 296-2731	Mid-Columbia Center for Living
Tillamook - 906 Main Ave.	503) 842-8201	Tillamook Family Counseling Center
Tigard - 8770 SW Scoffins Street	(503) 645-9010 or 1-888-645-1666	Lifeworks NW
Wilsonville - 27501 SW 95th Ave Suite 960	(503) 855-3223	Neurotherapeutic Pediatrics
Woodburn - 976 N Pacific Highway	(503) 981-5851	Marion County Child Behavioral Health
Woodburn -1320 Meridian Drive	503-498-5476	Options Counseling and Family Services

Also, check the following websites:

PCIT International Certified Therapist List- <http://www.pcit.org/united-states.html>

***UC Davis PCIT Provider List-** <https://pcit.ucdavis.edu/find-a-provider/united-states/state/oregon/> **UC Davis is not responsible for verifying the training of PCIT therapists that were not trained by the UC Davis PCIT Training Center.*